

CURRICULUM VITAE

A. GENERAL INFORMATION

1 Identity Card Number

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GEORGIU	MARIOS	COSTAS
Surname	Name	Father's Name

2. Permanent Address

Street & number:	Kyrenias 9
Town:	Latsia, Nicosia
Postal code	2231

Country: :

Cyprus

Tele[h]one numbers:

Land line

22487429

Mobile

99784580

E mail address

mariogn@spidemet.com.cy

B. PERSONAL INFORMATION

1 Gender: Male (M):

M

Female (F):

2 Date of Birth

19/ 05/ 1968

Nationality: : Greek Cypriot

C. Academic Qualifications

Academic Institution	Title	Grade	Program Title	Graduation Date
School of Nursing Nicosia	Diploma in General Nursing	90%	General Nursing	1990
St Joseph's, College Maine USA	Bachelor of Science	3.82	Professional Arts – Health Care Administration	1998
Pedagogical institute Nicosia Cyprus	Post Graduate Diploma	-	Adult Teaching and Learning	2000
School of Nursing Nicosia	Post Graduate Diploma	Excellent	Emergency and Critical Care	2001
Spalding University Kentucky, USA	Certificate	-	Standards and Quality of Nursing Care	2001
Open University Cyprus	Master of Science – MSc	7.2	Health Services Administration	2010
Cyprus Technological University	PhD		Critical Care & Emergency Nursing (Resuscitation)	2016

D. PROFESSIONAL EXPERIENCE

Employer	Position / Title / Responsibilities	DATE (FROM)	DATE (TO)
University of Nicosia, St George's Medical School .	Lecturer	2011	Today
American Medical Center – American Heart Institute	Director of Nursing	September 2013	Today
Nicosia General Hospital	Resuscitation Service officer	January 2007	September 2013
American Heart Institute, Nicosia	ICU Charge Nurse (Part Time)	1999	2010
School of Nursing Nicosia Cyprus	Nurse Tutor – Clinical Teacher – Lecturer	September 1996	December 2006
Nicosia General Hospital	Staff Nurse	May 1995	September 1996
Larnaca General Hospital	Staff Nurse	March 1991	May 1995

E. Research

1. STUDY OF THE EFFECTS OF THE COMBINATION OF CHEST COMPRESSIONS AND INTERPOSED ABDOMINAL COMPRESSIONS IN A SWINE MODEL.
2. Patient satisfaction from the service of Cardiology outpatient departments of Cypriot General public hospitals.
3. Implementation of the case method nursing care delivery: staff nurses and student nurses perceptions.
4. Part 8: Advanced life support: 2010 International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science With Treatment Recommendations. International Liaison Committee on Resuscitation (ILCOR). "In Adult Patients (pre hospital or in-hospital) who are comatose after cardiac arrest (P) does treatment of pyrexia (I) compared to no temperature intervention (C) improve outcome (O) (eg. Survival) ?" Systematic Review.
5. Association of lactate levels with outcome after in-hospital cardiac arrest.

F. Publications

1. Combination of chest compressions and interposed abdominal compressions in a swine model of ventricular fibrillation. **Marios Georgiou**, Elizabeth Papathanassoglou, Nicos Middleton, Apostolos Papalois, Theodoros Xanthos. *Am J Emerg Med*. 2016 Feb 12. Article in Press
2. Attitudes of healthcare professionals involved in cardiology practice towards key points of contemporary guidelines on resuscitation. Nikolaou NI, Patalakas A, Kokkinos P, Christou AH, Chasikides C, Tasouli A, Rompola A, **Georgiou M**, Marinakos A, Papafanis T. *Hellenic J Cardiol*. 2014 Sep-Oct;55(5):378-85.
3. Systematic review of the mechanisms driving effective blood flow during adult CPR. **Georgiou M**, Papathanassoglou E, Xanthos T. *Resuscitation*. 2014 Sep 17. S0300-9572(14)00740-0. 2014.08.032
4. ERC initiatives to reduce the burden of cardiac arrest: the European Cardiac Arrest Awareness Day. **Georgiou M**, **Lockey AS**. *Best Pract Res Clin Anaesthesiol*. 2013 Sep;27(3):307-15.
5. Restart a Heart Day: a strategy by the European Resuscitation Council to raise cardiac arrest awareness. **Georgiou M**. *Resuscitation*. 2013 Sep;84(9):1157-8.
6. Children can save lives. Lockey AS, **Georgiou M**. *Resuscitation*. 2013 Jan 14. S0300-9572(13)00025-7.
7. Recommendations for resuscitation after ascent to high altitude and in aircrafts. Chalkias A, **Georgiou M**, Böttiger B, Monsieus KG, Svavarsdóttir H, Raffay V, Iacovidou N, Xanthos T. *Int J Cardiol*. 2012 Dec 6. doi:p11: S0167-5273(12)01560-4.
8. Association of lactate levels with outcome after in-hospital cardiac arrest. Karagiannis C, **Georgiou M**, Kouskouni E, Iacovidou N, Xanthos T. *Resuscitation*. 2012 Aug;83(8):175-6.
9. European Pediatric Advanced Life Support (EPLS). 1st Greek Edition, 2012. European Resuscitation Council. Translation. Editor.
10. Immediate Life Support (ILS). 1st Greek Edition, 2012. European Resuscitation Council. Translation. Editor.
11. Neonatal Life Support (NLS). 1st Greek Edition, 2012. European Resuscitation Council. Translation. Editor.
12. Basic Life Support & Use of Automatic External Defibrillator (BLS & AED). Instructor Manual 1st Greek Edition, 2012. European Resuscitation Council. Translation. Editor.
13. Advanced Life Support (ALS). 1st Greek Edition, 2012. European Resuscitation Council. Translation. Editor.
14. Basic Life Support & Use of Automatic External Defibrillator (BLS & AED). Instructor Manual 2nd Greek Edition, 2011. European Resuscitation Council. Translation. Editor.
15. Part 8: Advanced life support: 2010 International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science With Treatment Recommendations. Morrison LJ, Deakin CD, Morley PT, Callaway CW, Kerber RE, Kronick SL, Lavonas EJ, Link MS, Neumar RW, Otto CW, Parr M, Shuster M, Sunde K, Peberdy MA, Tang W, Hoek TL, Böttiger BW, Drajer S, Lim SH, Nolan JP; Advanced Life Support Chapter **Collaborators**. *Circulation*. 2010 Oct 19;122(16 Suppl 2):S345-421.
16. European Resuscitation Council Guidelines for Resuscitation 2010 Section 10. The ethics of resuscitation and end-of-life decisions. Lippert FK, Raffay V, **Georgiou M**, Steen PA, Bossaert L. *Resuscitation*. 2010 Oct;81(10):1445-51. doi: 10.1016/j.resuscitation.2010.08.013.
17. European Resuscitation Council Guidelines for Resuscitation 2010 Section 8. Cardiac arrest in special circumstances: Electrolyte abnormalities, poisoning, drowning, accidental hypothermia, hyperthermia, asthma, anaphylaxis, cardiac surgery, trauma, pregnancy, electrocution. Soar J, Perkins GD, Abbas G, Alfonzo A, Barelli A, Bierens JJ, Brugger H, Deakin CD, Dunning J, **Georgiou M**, Handley AJ, Lockey DJ, Paal P, Sandroni C, Thies KC, Zideman DA, Nolan JP. *Resuscitation*. 2010 Oct;81(10):1400-33. doi: 10.1016/j.
18. European Resuscitation Council Guidelines for Resuscitation 2010 Section 1. Executive summary. Nolan JP, Soar J, Zideman DA, Biarent D, Bossaert LL, Deakin C, Koster RW, Wyllie J, Böttiger B; ERC Guidelines Writing Group. *Resuscitation*. 2010 Oct;81(10):1219-76.
19. Nicosia General Hospital cardiac arrest team: first year's practice and outcomes of in-hospital resuscitation. Eftychiou C, **Georgiou M**, Andreou A, Michaelides A, Yiangou K, Deligeorgis A, Petrou P, Georgiou P, Christodoulides T, Makri L, Georgiou E, Patsia T, Nicolaidis E, Minas M. *Hellenic J Cardiol*. 2009 Jul-Aug;50(4):264-8.

20. Basic Life Support & Use of Automatic External Defibrillator (BLS & AED). 1st Greek Edition, 2006. European Resuscitation Council. Translation. Editor.
21. Cypriot Nursing Chronicles, 3 :1: "Acid Base Imbalance and their treatment".
22. Cypriot Nursing Chronicles, 2 : 3 «Nursing Care Delivery Systems and Total Patient Care»

G. Honorary titles

1. 1st above all students in the final exams of Post Graduate Training in Critical and Emergency Care 2001.

List of Presentations

1. Commonwealth Nurses Federation Conference November 1996: "An Effective leadership Situation: Case Study"
2. 6th Cypriot Nursing Conference 1999. Θέμα: «Total Patient Care: Implementation and Nursing Autonomy»
3. 1st Scientific Symposium of Greek Nursing Critical and Emergency Care Association. «Arterial Line and its Importance in Hemodynamic monitoring.» Patra Greece, 6 – 7 December 2002.
4. 30th Greek Nursing Conference 2003: «Methods of Nursing Care Delivery Systems and Total Patient Care.»
5. 9th Cypriot Nursing Conference 2002: «Case Method and the Nursing Process»
6. 10th Cypriot Nursing Conference 2003: «Nursing and its New focus»
7. Intensive Care Forum 2003. Θέμα: «Advanced Life Support»
8. 1st Scientific Symposium of Cypriot Nursing Critical and Emergency Care Association 2004. «Intensive Care and Emergency Care Units: Quality Improvement»
9. 2nd Scientific Symposium of Cypriot Nursing Critical and Emergency Care Association 2005: « Technology in Intensive Care Units and the Human Factor» 28 May 2005
10. 12th Cypriot Nursing Conference 2005. Θέμα: «Basic Airway and Ventilation Management During Cardiac Arrest.»
11. 2nd Greek and Cypriot – Peri operative Nursing Care Conference 3 – 6 November 2005. «Universal Advance Life Support Treatment Algorithm of European Resuscitation Council»
12. 2nd Symposium National Greek Resuscitation Committee. Athens, 25 November 2006. «Out of Hospital Defibrillation: Legislative implications in Cyprus and in Greece»
13. 3rd Symposium National Greek Resuscitation Committee. Athens, 15 December 2007. «Resuscitation Training: New Approaches»
14. Intensive Care Forum. «Care of the Critical Patient: From the Basic Science to Clinical Implementation» Limasol, 25 - 27 January 2008.
15. 3rd EfCCNa and 27th Aniarti Congress, Influencing Critical Care Nursing in Europe. 9 – 11 October 2008, Florence, Italy.
16. International Autumn Annual Meeting of Central – Eastern and South Eastern of European National Councils of Emergency Medicine and Resuscitation. "Nicosia General Hospital Cardiac Arrest Team: First Years Practice and Outcomes." 9 November 2008.
17. 4th EfCCNa Congress. October 2011, Copenhagen, Denmark. "Chest Compression Only CPR: Is it really more Effective?"
18. 10th State of the Art Interdisciplinary Review Course on Pulmonary Diseases, Critical Care, Emergency Medicine & Nursing Care. April 6 – 9 2006. «New ERC Guidelines in Advanced Life Support.»
19. 12th State of the Art Interdisciplinary Review Course on Pulmonary Diseases, Critical Care, Emergency Medicine & Nursing Care. April 11 – 13 2008. «Public Access Defibrillation Programs: Cypriot Legislation»
20. 13th State of the Art Interdisciplinary Review Course on Pulmonary Diseases, Critical Care, Emergency Medicine & Nursing Care. April 2 – 4 2009. «Nurses' Role in Cardiopulmonary Resuscitation.»
21. European Resuscitation Council Congress 2010. December 2010, Porto, Portugal. "How to Use Mass Media to Promote CPR".
22. Pan-Hellenic Nursing Congress. "ERC Guidelines 2010: a summary of main Changes." Chios, Greece. May 2011.
23. European Resuscitation Council Congress 2011. October 2011, Malta. "How to Use Mass Media to Promote CPR".
24. 1st Greek Resuscitation Council Symposium. New Data on Resuscitation Training. 1st April 2012.
25. 1st Pan-Hellenic Congress on Emergency Prehospital Care. Compression Only CPR. Thessaloniki Greece. 27 – 29 April 2012.
26. 1st Pan-Hellenic Congress on Emergency Prehospital Care. ERC Guidelines 2010: a summary of main Changes. Thessaloniki Greece. 27 – 29 April 2012.
27. European Resuscitation Council Congress 2012. October 2012, Vienna, Austria. "Smart Phone Apps for CPR: An Overview".
28. Cypriot Nursing Conference, Paphos, 2012. «Chest Compression Only CPR: Is it Really More Effective;»

29. 5th EfCCNa and UINARS Congress 2013. How Politics can help fight the Burden of Cardiac arrest. May 23-25, 2013, Belgrade Serbia.
30. 8th International Conference on Acute Cardiac Care. Israel heart Society. Sudden cardiac arrest in public places: Is your community heart safe? Jerusalem, 16 - 18 June 2013.
31. 8th International Conference on Acute Cardiac Care. Israel heart Society. Chest compression only CPR: Is it really more effective? Jerusalem, 16 - 18 June 2013.
32. ERC Congress Bilbao Spain May 2014: How to Use Politics to Promote CPR
33. Hellenic Society Of CPR. International Conference on Resuscitation, Athens Oct 2015. Review of the Mechanism Driving Effective Blood Flow During CPR.
34. HSEPC Conference, Thessaloniki May, 2016. Advance Life Support New Guidelines: What is Changing and Why?
35. HSEPC Conference, Thessaloniki May, 2016. Alternative Methods of Driving Blood Flow during CPR.
36. HSEPC Conference, Thessaloniki May, 2016. Methods of Increasing By stander CPR.

Teaching in Seminars outside Cyprus

37. University Hospital Birmingham – “Advanced Life Support Course (ALS)” Resuscitation Council UK. Full UK ALS Instructor. 7-8 July 2004.
38. University Hospital Birmingham – “Advanced Life Support Course (ALS)” Resuscitation Council UK. Instructor. 18 – 20 July 2005.
39. Hungarian Resuscitation Council. Instructor. “European Resuscitation Council Advanced Life Support Course. Budapest, Μάρτιος 2003.
40. Hungarian Resuscitation Council. Instructor. “European Resuscitation Council Generic Instructor Course. Budapest, Οκτώβριος 2005.
41. University of Crete, Medical department – «Generic Instructor Course European Resuscitation Council (ERC)» Iraklio, 18 – 19 March 2005.
42. Hellenic Resuscitation Society – «Generic Instructor Course European Resuscitation Council (ERC)» Athens, 17 – 18 April 2005.
43. Egyptian Resuscitation Council. Educator “European Resuscitation Council Instructor Course. Cairo 5 – 6 July 2005.
44. Hungarian Resuscitation Council. Educator. “European Resuscitation Council Instructor Course. Budapest, 14- 16 October 2005.
45. Serbian Resuscitation Council. Educator. “European Resuscitation Council Instructor Course. Novi Sad, 14- 16 October 2005.

Professional Development - Titles:

1. 1st Level General Nurse
2. Critical Care Registered Nurse
2. Basic, Immediate & Advanced Life Support instructor / course Director – European Resuscitation Council (ERC)
3. ERC Generic Instructor Course, Educator (2003) and Director (2010)
4. ERC Executive Committee – European Resuscitation Council. (2004 – 2011)
5. ERC Board Director of External Affairs: 2011 - Today
6. ERC Guidelines Writing Group for Resuscitation guidelines 2010.
7. International Liaison Committee of Resuscitation (ILCOR), worksheet author 2010.
8. Sigma Theta Tau International Honor Society of Nursing – 217 Iota Gamma Chapter 2001
9. Fellow of European Resuscitation Council (ERC)
10. Reviewer for Journal “Resuscitation” 2011
11. Assisting in Organizing and Developing Resuscitation Training seminars in various countries.
12. Member of Scientific and Organizing Committee of ERC Conferences from 2006 - today
13. Member of Board of Directors of Cyprus Nurses Association 2002 - 2004
14. Secretary Cyprus Resuscitation Council 2004 - 2008
15. Chairman Cyprus Resuscitation Council 2008 - 2012
16. Secretary Cyprus Resuscitation Council 2012 - today

Teaching Experience:

1. European Resuscitation Council - Basic Life Support (2002 – today)
2. European Resuscitation Council - Use of Automatic External Defibrillator (2002 – today)
3. European Resuscitation Council - Advanced Life Support (2003 – Σήμερα)
4. Cypriot School of Nursing - Critical Care and Emergency Nursing (1996 – 2006)
5. University of Nicosia & St Georges Medical School - Cardiopulmonary Resuscitation (2011 – today)
6. Health Care Training Seminars